

Provisional Race Summary

All Competitors

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|-----------------------|-------------------------|--------------------------|----------------|-------------------|
| 1 | 1:06:58 | RENAULT, Neil | long eaton running club | Senior Men | 3 | 1 |
| 2 | 1:07:41 | ETTAICHMI, Hicham | Esnova de Gijon | Senior Men | 1 | 2 |
| 3 | 1:08:16 | SOLOMON, Mehretab | London Heathside | Senior Men | 19 | 3 |
| 4 | 1:08:37 | EDWARDS, Orlando | Shaftesbury Barnet | Senior Men | 2468 | 4 |
| 5 | 1:08:56 | MUSSETT, Adrian | | Senior Men | 1177 | 5 |
| 6 | 1:09:38 | TUCKER, Peter | Metropolitan Police | Senior Men | 5 | 6 |
| 7 | 1:12:48 | ADAMS, Paul | St Albans Striders | Senior Men | 159 | 7 |
| 8 | 1:13:45 | RACKHAM, Nigel | Metros | Male V40 | 269 | 8 |
| 9 | 1:13:52 | GIBBINS, Alex | Blackheath Harriers | Senior Men | 20 | 9 |
| 10 | 1:14:09 | JACKSON, Tony | Shaftesbury Barnet | Male V40 | 1992 | 10 |
| 11 | 1:14:35 | KAVANAGH, Patrick | | Senior Men | 1962 | 11 |
| 12 | 1:14:42 | MARTIN, Duncan | | Senior Men | 2424 | 12 |
| 13 | 1:14:49 | O'GORMAN, Eddie | Chiltern Harriers AC | Senior Men | 1905 | 13 |
| 14 | 1:16:00 | LAZELL, Richard | Stragglers | Senior Men | 973 | 14 |
| 15 | 1:16:01 | DAS, Anupam | Oxford University AC | Senior Men | 18 | 15 |
| 16 | 1:16:31 | WALTERS, Debbie | | Female V35 | 1961 | 16 |
| 17 | 1:16:37 | BREEN, Ronan | Shaftesbury Barnet | Senior Men | 2221 | 17 |
| 18 | 1:16:48 | PALMER, Craig | Dunstable Road Runners | Senior Men | 2274 | 18 |
| 19 | 1:17:02 | STABLER, Richard | | Senior Men | 1934 | 19 |
| 20 | 1:17:20 | KINGSTON-LEE, Matthew | Kenilworth | Senior Men | 2160 | 20 |

Male V40

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|----------------|-------------------------------|--------------------------|----------------|-------------------|
| 1 | 1:13:45 | RACKHAM, Nigel | Metros | Male V40 | 269 | 8 |
| 2 | 1:14:09 | JACKSON, Tony | Shaftesbury Barnet | Male V40 | 1992 | 10 |
| 3 | 1:17:44 | WOODMAN, Mark | Road Runners Club | Male V40 | 1509 | 22 |
| 4 | 1:18:04 | MOLLOY, Matt | Woodford Green & Essex Ladies | Male V40 | 274 | 26 |
| 5 | 1:19:36 | WOOLLETT, Guy | Gade Valley Harriers | Male V40 | 1732 | 31 |

Male V50

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|----------------|---------------------------|--------------------------|----------------|-------------------|
| 1 | 1:22:11 | BURTON, Robert | Chiltern Harriers AC | Male V50 | 2490 | 44 |
| 2 | 1:22:30 | HUTFORD, Mike | Mornington Chasers | Male V50 | 225 | 46 |
| 3 | 1:24:32 | BOWKER, David | Fairlands Valley Spartans | Male V50 | 908 | 72 |
| 4 | 1:25:38 | OXLADE, Colin | Croydon | Male V50 | 1227 | 94 |
| 5 | 1:26:33 | SKELTON, John | Marshall Milton Keynes | Male V50 | 962 | 110 |

Male V60

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|-------------------|--------------------------------|--------------------------|----------------|-------------------|
| 1 | 1:30:24 | McGOWAN, Stuart | Hardley Runners | Male V60 | 1877 | 188 |
| 2 | 1:32:49 | GRIFFIN, Tom | Tring RC | Male V60 | 1698 | 236 |
| 3 | 1:34:26 | BINGHAM, Nicholas | Barnet & District | Male V60 | 375 | 282 |
| 4 | 1:34:46 | WATT, Fred | Leighton Buzzard Athletic Club | Male V60 | 2077 | 294 |
| 5 | 1:37:07 | MANSI, Andrew | Hillingdon AC | Male V60 | 1865 | 376 |

Female V35

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|------------------|---------------------|--------------------------|----------------|-------------------|
| 1 | 1:16:31 | WALTERS, Debbie | | Female V35 | 1961 | 16 |
| 2 | 1:24:03 | MUSTON, Jenni | Shepshed RC | Female V35 | 307 | 66 |
| 3 | 1:28:49 | GOORNEY, Joanna | Wesham Road Runners | Female V35 | 2462 | 150 |
| 4 | 1:28:52 | BUGLER, Fiona | Hailsham Harriers | Female V35 | 16 | 152 |
| 5 | 1:29:55 | McKIE, Elizabeth | St Albans Striders | Female V35 | 2465 | 174 |

Provisional Race Summary**Female V45**

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|--------------------|---------------------|--------------------------|----------------|-------------------|
| 1 | 1:31:58 | CARPENTER, Sue | Watford Joggers | Female V45 | 1755 | 220 |
| 2 | 1:32:19 | SAWDAY, Nicki | St Albans Striders | Female V45 | 330 | 224 |
| 3 | 1:35:49 | COOKE, Frances | march ac | Female V45 | 2408 | 330 |
| 4 | 1:38:01 | SHADBOLT, Veronica | Garden City Runners | Female V45 | 769 | 411 |
| 5 | 1:39:01 | FINDLAY, Celia | David Lloyd | Female V45 | 686 | 460 |

Female V55

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|---------------------|---------------------------|--------------------------|----------------|-------------------|
| 1 | 1:36:21 | RALPH, Barbara | Chiltern Harriers AC | Female V55 | 415 | 349 |
| 2 | 1:42:42 | BARBER, Elizabeth | St Albans Striders | Female V55 | 1440 | 616 |
| 3 | 1:44:46 | KASSEMZADEH, Sharon | Watford Joggers | Female V55 | 1038 | 703 |
| 4 | 1:47:37 | HARRIS, Lynne | | Female V55 | 1525 | 845 |
| 5 | 1:50:28 | KINCH, Brenda | nth Norfolk Beach Runners | Female V55 | 460 | 976 |

Herts M40

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|-------------------|----------------------|--------------------------|----------------|-------------------|
| 1 | 1:19:36 | WOOLLETT, Guy | Gade Valley Harriers | Male V40 | 1732 | 31 |
| 2 | 1:21:44 | BRAYBROOK, Colin | St Albans Striders | Male V40 | 1659 | 41 |
| 3 | 1:23:01 | KENYON-MUIR, Nick | Ware Joggers | Male V40 | 525 | 51 |
| 4 | 1:23:37 | ELLERBY, Vince | Gade Valley Harriers | Male V40 | 1104 | 62 |
| 5 | 1:23:53 | STORRIE, Martin | Gade Valley Harriers | Male V40 | 1908 | 65 |

Herts M50

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|-----------------|---------------------------|--------------------------|----------------|-------------------|
| 1 | 1:24:32 | BOWKER, David | Fairlands Valley Spartans | Male V50 | 908 | 72 |
| 2 | 1:27:44 | TREMAINE, Robin | London Heathside | Male V50 | 1853 | 125 |
| 3 | 1:30:02 | BLYTH, Kenny | Ware Joggers | Male V50 | 57 | 178 |
| 4 | 1:34:54 | HALLING, Martin | St Albans Striders | Male V50 | 1106 | 298 |
| 5 | 1:36:25 | BROWN, Jim | Fairlands Valley Spartans | Male V50 | 832 | 353 |

Herts M60

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|---------------|---------------------|--------------------------|----------------|-------------------|
| 1 | 1:32:49 | GRIFFIN, Tom | Tring RC | Male V60 | 1698 | 236 |
| 2 | 1:44:29 | HOPE, John | St Albans Striders | Male V60 | 251 | 690 |
| 3 | 1:45:29 | HAMSON, Peter | Tring RC | Male V60 | 1686 | 747 |
| 4 | 1:56:14 | DAVIS, Jim | Herts Phoenix | Male V60 | 2277 | 1226 |
| 5 | 1:57:40 | ALLEN, Trace | Garden City Runners | Male V60 | 223 | 1288 |

Herts F35

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|------------------|--------------------|--------------------------|----------------|-------------------|
| 1 | 1:29:55 | McKIE, Elizabeth | St Albans Striders | Female V35 | 2465 | 174 |
| 2 | 1:33:09 | HARRISON, Vikki | David Lloyd | Female V35 | 732 | 248 |
| 3 | 1:39:59 | HENRY, Nicola | Dacorum & Tring | Female V35 | 895 | 493 |
| 4 | 1:41:06 | CRAFT, Moira | David Lloyd | Female V35 | 772 | 540 |
| 5 | 1:41:49 | CARTER, Nicola | St Albans Striders | Female V35 | 71 | 571 |

Herts F45

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|--------------------|---------------------|--------------------------|----------------|-------------------|
| 1 | 1:31:58 | CARPENTER, Sue | Watford Joggers | Female V45 | 1755 | 220 |
| 2 | 1:32:19 | SAWDAY, Nicki | St Albans Striders | Female V45 | 330 | 224 |
| 3 | 1:38:01 | SHADBOLT, Veronica | Garden City Runners | Female V45 | 769 | 411 |
| 4 | 1:39:01 | FINDLAY, Celia | David Lloyd | Female V45 | 686 | 460 |
| 5 | 1:42:32 | BONNICK, Clare | Watford Joggers | Female V45 | 1661 | 606 |

Provisional Race Summary**Herts F55**

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|----------------------|--------------------------|--------------------------|----------------|-------------------|
| 1 | 1:42:42 | BARBER, Elizabeth | St Albans Striders | Female V55 | 1440 | 616 |
| 2 | 1:44:46 | KASSEMZADEH, Sharon | Watford Joggers | Female V55 | 1038 | 703 |
| 3 | 2:01:34 | JAFFE, Jane | David Lloyd | Female V55 | 190 | 1442 |
| 4 | 2:11:12 | ROLFE, Vanessa | North Herts Road Runners | Female V55 | 1764 | 1641 |
| 5 | 2:23:02 | WADDINGHAM, Margaret | Ware Joggers | Female V55 | 31 | 1782 |

Senior Men

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|-------------------|-------------------------|--------------------------|----------------|-------------------|
| 1 | 1:06:58 | RENAULT, Neil | long eaton running club | Senior Men | 3 | 1 |
| 2 | 1:07:41 | ETTAICHI, Hicham | Esnova de Gijon | Senior Men | 1 | 2 |
| 3 | 1:08:16 | SOLOMON, Mehretab | London Heathside | Senior Men | 19 | 3 |
| 4 | 1:08:37 | EDWARDS, Orlando | Shaftesbury Barnet | Senior Men | 2468 | 4 |
| 5 | 1:08:56 | MUSSETT, Adrian | | Senior Men | 1177 | 5 |
| 6 | 1:09:38 | TUCKER, Peter | Metropolitan Police | Senior Men | 5 | 6 |

Senior Ladies

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|--------------------|----------------------|--------------------------|----------------|-------------------|
| 1 | 1:20:43 | McINTOSH, Shona | hunters bog trotters | Senior Ladies | 6 | 36 |
| 2 | 1:21:13 | PENFOLD, Charlotte | | Senior Ladies | 1937 | 38 |
| 3 | 1:22:00 | PENTY, Becky | Highgate Harriers | Senior Ladies | 1266 | 43 |
| 4 | 1:22:35 | O' MAHONEY, Orla | | Senior Ladies | 2383 | 48 |
| 5 | 1:25:15 | JONES, Gemma | | Senior Ladies | 1892 | 90 |
| 6 | 1:26:00 | O'CONNOR, Tanya | Clapham chasers | Senior Ladies | 2155 | 101 |

Herts Men

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
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| 2 | 1:21:44 | BRAYBROOK, Colin | St Albans Striders | Male V40 | 1659 | 41 |
| 3 | 1:23:01 | KENYON-MUIR, Nick | Ware Joggers | Male V40 | 525 | 51 |
| 4 | 1:23:37 | ELLERBY, Vince | Gade Valley Harriers | Male V40 | 1104 | 62 |
| 5 | 1:23:53 | STORRIE, Martin | Gade Valley Harriers | Male V40 | 1908 | 65 |
| 6 | 1:24:08 | JONES, John | St Albans Striders | Male V40 | 679 | 67 |
| 7 | 1:24:32 | BOWKER, David | Fairlands Valley Spartans | Male V50 | 908 | 72 |
| 8 | 1:24:46 | WARREN, Gary | St Albans Striders | Male V40 | 1058 | 77 |
| 9 | 1:25:07 | HARRISON, Richard | Royston Runners | Male V40 | 860 | 83 |
| 10 | 1:26:10 | MORRIS, Garth | Ware Joggers | Male V40 | 564 | 105 |

Herts Ladies

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
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| 2 | 1:31:58 | CARPENTER, Sue | Watford Joggers | Female V45 | 1755 | 220 |
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| 6 | 1:39:01 | FINDLAY, Celia | David Lloyd | Female V45 | 686 | 460 |
| 7 | 1:39:59 | HENRY, Nicola | Dacorum & Tring | Female V35 | 895 | 493 |
| 8 | 1:41:06 | CRAFT, Moira | David Lloyd | Female V35 | 772 | 540 |
| 9 | 1:41:49 | CARTER, Nicola | St Albans Striders | Female V35 | 71 | 571 |
| 10 | 1:42:07 | GABB, Ania | | Senior Ladies | 1391 | 585 |

Provisional Race Summary**All Ladies**

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
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| 1 | 1:16:31 | WALTERS, Debbie | | Female V35 | 1961 | 16 |
| 2 | 1:20:43 | McINTOSH, Shona | hunters bog trotters | Senior Ladies | 6 | 36 |
| 3 | 1:21:13 | PENFOLD, Charlotte | | Senior Ladies | 1937 | 38 |
| 4 | 1:22:00 | PENTY, Becky | Highgate Harriers | Senior Ladies | 1266 | 43 |
| 5 | 1:22:35 | O' MAHONEY, Orla | | Senior Ladies | 2383 | 48 |
| 6 | 1:24:03 | MUSTON, Jenni | Shepshed RC | Female V35 | 307 | 66 |
| 7 | 1:25:15 | JONES, Gemma | | Senior Ladies | 1892 | 90 |
| 8 | 1:26:00 | O'CONNOR, Tanya | Clapham chasers | Senior Ladies | 2155 | 101 |
| 9 | 1:26:13 | REA, Isobel | West 4 Harriers | Senior Ladies | 918 | 106 |
| 10 | 1:27:03 | CUSTANCE, Lucie | Clapham chasers | Senior Ladies | 2348 | 117 |

All Men

| <i>Place</i> | <i>Time</i> | <i>Name</i> | <i>Team</i> | <i>Race Age Category</i> | <i>Race No</i> | <i>Race Place</i> |
|--------------|-------------|-------------------|-------------------------|--------------------------|----------------|-------------------|
| 1 | 1:06:58 | RENAULT, Neil | long eaton running club | Senior Men | 3 | 1 |
| 2 | 1:07:41 | ETTAICHMI, Hicham | Esnova de Gijon | Senior Men | 1 | 2 |
| 3 | 1:08:16 | SOLOMON, Mehretab | London Heathside | Senior Men | 19 | 3 |
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| 5 | 1:08:56 | MUSSETT, Adrian | | Senior Men | 1177 | 5 |
| 6 | 1:09:38 | TUCKER, Peter | Metropolitan Police | Senior Men | 5 | 6 |
| 7 | 1:12:48 | ADAMS, Paul | St Albans Striders | Senior Men | 159 | 7 |
| 8 | 1:13:45 | RACKHAM, Nigel | Metros | Male V40 | 269 | 8 |
| 9 | 1:13:52 | GIBBINS, Alex | Blackheath Harriers | Senior Men | 20 | 9 |
| 10 | 1:14:09 | JACKSON, Tony | Shaftesbury Barnet | Male V40 | 1992 | 10 |