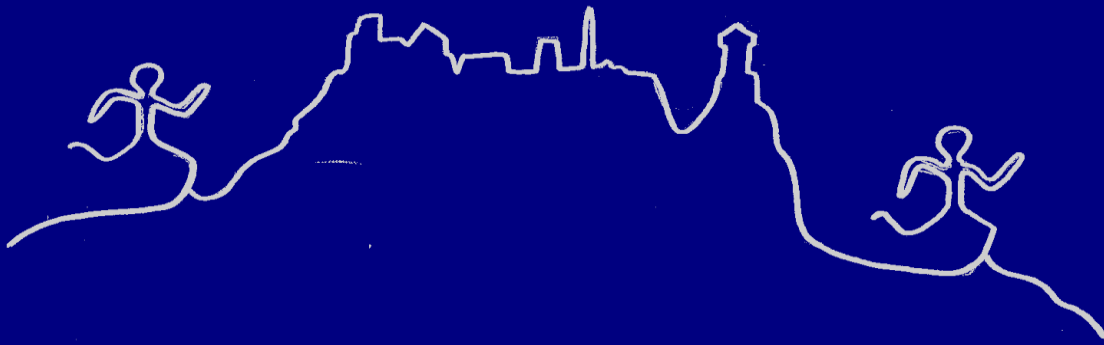


Central Athletic Club presents The 14TH CITY OF STIRLING 10K ROAD RACE & 2K FUN RUN

Stirling Sports Village, Stirling
Sunday 13th September 2015,
2K Run Start: 09:30am
10K Start: 10:15am



The 2015 City of Stirling 10k is also the Scottish Athletics 10k Road Race Championships. The fast and scenic route is the same as last year's race.

Enter the event using this postal entry form or online via
<https://www.sportsystems.co.uk/ss/event/Stirling10k2kFunRun>
www.centralathletics.co.uk

Runners and spectators can also enjoy our 'Race Market Place' which includes Run4It with a wide selection of running gear and equipment, along with specialist advice on all aspects of running. Therapists from LifeFit will also be on hand to offer massage to runners before and after the race. Refreshments will be available.

Race is run under Scottish Athletics rules: permit 3031



Sunday 13th September 2015, Stirling Sports Village, Forthside Way, FK8 1QZ
2k start 09:30, 10k start: 10.15am

10k entries: £16 for Scottish Athletics affiliated members (please quote membership number)
£18 for non-affiliated runners
2k entries: £6 for all runners (limited to those aged 7 to 15 years on the day of the race)

Entry Information

Entries will be accepted until 11th September 2015 or until we reach the race limit of 1000 (300 for 2k). **Entries will not be accepted on the day.** Race numbers are non-transferable and once entries have been accepted we cannot refund or defer entry fees. Postal entries will not be accepted unless accompanied by the appropriate fee. 10k runners must be 15 years old or over on the day. Chip timing will be used for the race. Timing chips, race numbers and final race details will be sent before the race or, for the latest entries, will be collected on the day. All 10k runners will receive a souvenir. Prizes will be awarded in age categories and to the first club/team. The race is run under SAL rules and the organisers have the right to refuse entry without being bound to provide a reason.

Please complete a separate copy of this form for each entrant.

Alternatively, for online entry go to <https://www.sportssystem.co.uk/ss/event/Stirling10k2kFunRun>.

Please also check the Central AC website (www.centralathletics.co.uk) for further race details.

Please send entry forms with a cheque for the correct amount made payable to "**Central Athletics Club**" to: **Stirling 10k, c/o Sport Systems Ltd, Regency House, 61 Walton Street, Tadworth, KT20 7RZ.**

.....
FIRST NAME: _____ SURNAME: _____

ADDRESS: _____

_____ POSTCODE: _____

TEL NO: _____ EMAIL: _____

D.O.B: _____ MALE/FEMALE: _____

CLUB/TEAM: _____ SA NO: _____

Please indicate fee paid	
10k – affiliated (£16)	
10k – unaffiliated (£18)	
2k fun run (£6)	

I declare that I will abide by the laws and rules of SAL and I will not compete in this race unless I am medically fit. I will compete at my own risk and accept that the organisers will not be responsible for any loss, damage, action, claim or expenses which may arise in consequence of my participation in this event.
Entry forms for the fun run, and for the 10k if the athlete is below 18 years of age on the day of the race, must be signed by a parent or guardian.

SIGNED:

DATE: