

Epsom Oddballs

Perch XI

SUNDAY Jan 31st 2010

at 10.30 am



A scenic and challenging course over the famous Epsom Downs.

Traffic free, multi-terrain route on tarmac, tracks and grass.

Start and Finish at 'The Rubbing House' on Epsom Downs (10 minutes from Jct 8, M25)

£100

Cash Prize for new male and female fastest course records

1 PERCH = 5.5 YARDS
2000 PERCH = 11,000 YARDS

6.25 miles
or
10.05 kms

Long sleeve T-Shirt for all finishers
Prizes for male, female and age categories
Team prizes - best three finishers to score

Records

Male : Dereje Kebede 32.13
Female : Emily Nelson 38.24
Slowest time : Anonymous! 102.29

Affiliated Runners £10 Non-Affiliated Runners £12

NO ENTRIES ON DAY Closing Date for Entries 23rd JAN 2010 Maximum Entry 800

✂ *Entry Form. Please Print legibly*

First Name:.....Surname:.....

Address:

.....Postcode: (full)

Telephone Number Home:.....Work:.....

Date of Birth:...../...../.....(min age 15yrs) Age on Race Day Male/Female:

Club:E-Mail:

EA Affiliation Number..... Anticipated finish time

Please enter me into the Epsom Oddballs 2000 Perch. I declare that I am an amateur as defined by the IAAF/UKA rules. I am medically fit and enter at my own risk. I understand that the organisers will in no way be held responsible for any injury, accident or loss of property during or as a result of the event. This race is run under UKA Rules - Race Permit No: Applied For

I enclose a cheque for £ Made payable to 'Epsom Oddballs RC' Please note there is no need to enclose a SAE

Signed:..... Date:.....

Send Entries to: Perch XI, c/o Sports Systems Ltd, Regency House, 61
Walton Street, Walton-on-the-Hill, Tadworth, Surrey, KT20 7ZR
w: www.sportssystem.co.uk/perch e: alan@runtolive.co.uk

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